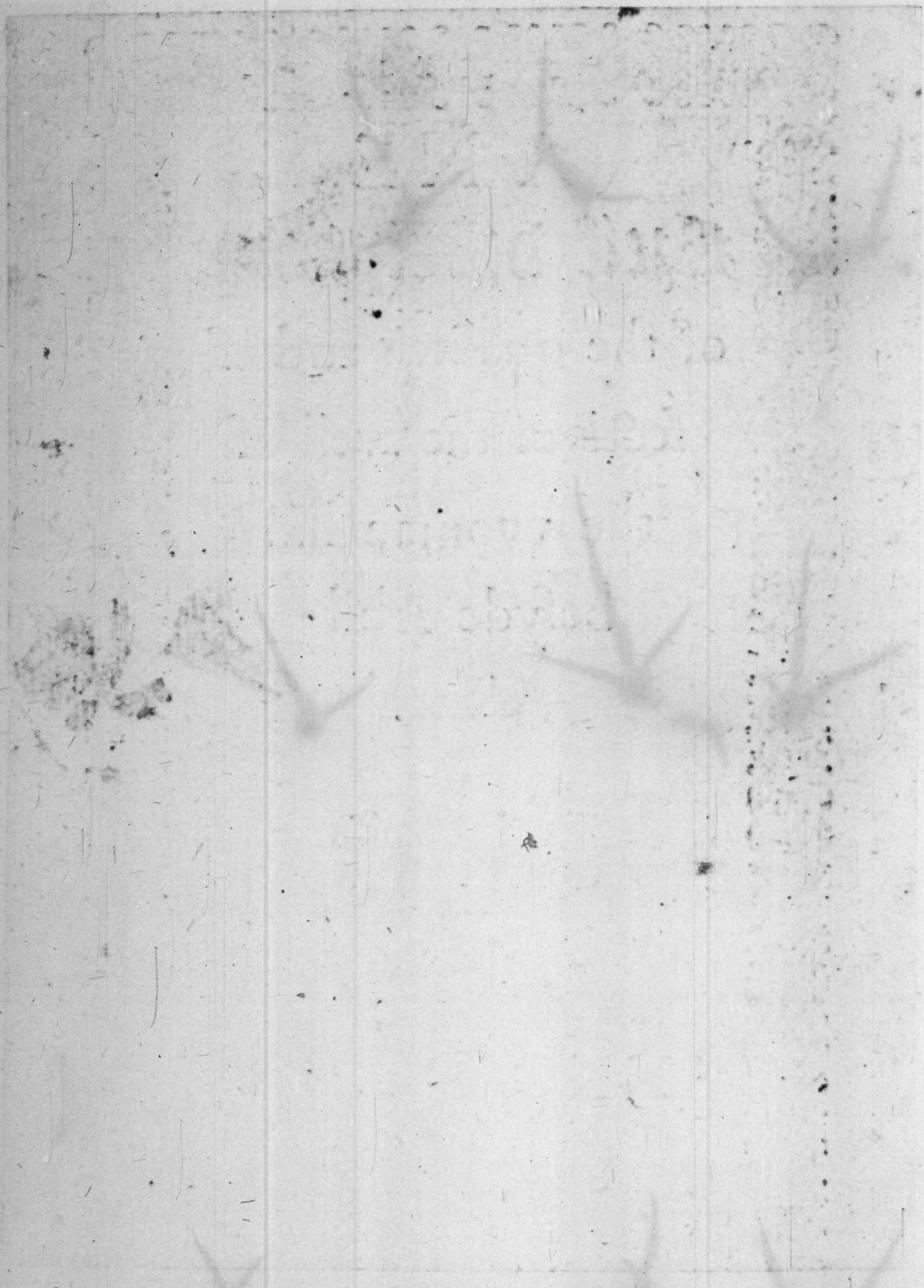
ANE
Breif descriptioun
of the qualiteis and ef-
fectis of the vvell of
the vvoman hill
besyde Abir-
dene.

ANNO. DO. 1580.



ANE

Breif deſcriptioun of the qualiteis and effectis of the vvell of the vvoman hill beſyde Abirdene.

MEDICINALL and Philoſophicall doctrine teſtifeis be experience frō the beginning mony diſeſis and Infirmiteis of mannis body hes bene cuirit be the qualiteis and vſe of Bathis and minerall wateris, of quhilkis ſum hes bene obſeruit of mony zeiris bypaſt, vtheris be experience laitly approuit in diuers countreis, to the greit profeit and preſeruatioun of mannis life. Amangis the quhilkis the profeit and phiſical vertew of ane Fontaine hes bene obſeruit be mony men and wemē thir four laſt zeiris bypaſt at Abirdene, ane of the maiſt ancient and renoūnit Burghis of this Realme, and the Inhabitantis thairof maiſt ciuile, honeſt, and politicall. Quhilk ſpring of watter

appeiris to be ane diuine gift of God grantit and now laitlie manifeſtit to the greit ſupport and aduaucement of helth in cure of ſic diſeſis as hes bene obſeruit in diueris perſounis. Quhairfoir I ſeing the ſamin to haue bene obſcure from the beginning to thir dayis, zit being ane ornament and ane publict vtilitie to the Realme & Burgh, thocht gude to mak the qualiteis and profeit thairof acknawledgeit to ſic perſoũis as be vexit with ſic diſeſis as it is good for. For of treuth it is of Medicinall qualitie and,and flowis from diuers minerallis,as hes bene obſeruit be the operatioun taiſt & minerall vre, quhilk being drunkin, is laxatiue to ſindrie, and ſo muſt neidis be het of qualitie, be reſſoun on na wayis it laxis nor molefeis the exteriour partis, or the ſkyn of mannis body: thairfoir it is laxatiue of the interiour partis, and promouis gude paſſage of the bellie,as wrytis Celſus lib. 2. Ca. 12. To vtheris it is womatiue, quhilk alſo teſtifeis the het qualitie thairof, farther it geuis gude appetyte to thame quha ar deſtitute thairof, and gif ony mã drink twentie pound wecht of this Fontaiue he findis no charge nor burding of the ſtomak nor bellie be the watter. Quhilk alſo approuis the minerall qualitie thairof, be reſſoun all naturall and pure ſweit watter is ſlaw in paſſage, difficill of concoctioun, flatuous & heuie in the ſtomak, and generis diſtillatiounis, as wrytis Ætius Tetrab. 1. Serm. 3. Ca. 165. Sa this watter being of contrarious effectis muſt neidis be of contrarious

qualiteis.

qualiteis to cõmoũ watteris. Ane notabill prufe of the ſamin hes bene obſeruit be ane Indweller in Abirdene, quha laitly cauſit brew Aill of this watter, of the quhilk na beiſt wald taiſt, nor eit of the draf thairof, nouther Hors, Kow, nor Ox, ſa it being laxatiue, attenuatiue, liquefactiue, digeſtiue, and diſcuſſiue, it muſt neidis be of het qualitie, for thir ar ye properteis of het watteris, quhilkis hes bene obſeruit be the happy ſucces in cure of diuers diſeſis in this watter, quhairof the taiſt is ſũquhat vnpleſand, as gif it wer brint with Irin, the vre thairof as it rynnis vpon the ſtaines and ground ar of diuers cullouris, the ane cullour ſad blew, quhilk promiſis Iryn, as the taiſt dois alſo, the vther cullour being reid declyning to zallow cullour, teſtifeis Braſſe, quhilkis twa minerallis of proper qualitie cõfortis the ſtomak and Melt, as ſayis Auicen lib. 2. Tract. 2. Ca. 59. Cano. Alſo wrytis Auicen lib. 1. Fen. 2. doct. 2. ca 16. Sic watter as be of the qualitie of Iryn geuis ſtrenth to the Interiour partis of mãnis body, & keipis the ſtomak frõ corruptioũ, and promouis the haill faculteis quhilkis gouernis mãnis body. So ar the wordis of Gal. wrytand vpon Hip. in his buik of Aere watter and places Ca. 3. Sic watter (ſayis he) quhilkis ar not abill to burding the ſtomak and ar of facill digeſtioun muſt neidis to be laxatiue, and procure paſſage of the womb be Medicinall het qualitie. Gif the watter of this notabill Fontaine be builzeit it becũmis of mair blak cullour, & the dreggis thairof beiris witnes

of the minerallis befoir writtin, as alſwa being caryit cũmis haiſtely to corruptioun, quhilk being profitabill as it is for the ſtomak and Melt, it muſt neidis ſpring from Iryn, alſo being na wayis byndand nor of deſiccatiue qualitie, bot rather laxatiue and diureticall, thair is na ſuſpitioũ to be takin of Alme, zit in reſpect it is diſcuſſiue, laxatiue, remollitiue, and vomitiue, it appeiris be gude reſſoun to be participant of bryntſtane, as the cullour thairof alſo witneſſis. And in reſpect the countrie is of nature minerall, this watter being drunkin cuirand ſair Eyn, Catarris, ſair mouth, prolapſioũ of the vult, and dolour of the Tonſallis, it muſt neidis ſpring from Braſſe, as teſtifeis Ætius Tetrab. 1. Serm. 3. Ca. 167. Farther I haue obſeruit in diueris perſounis quha had drunkin the ſamin, that it mitigatis the heit of the Liuer, ſtancheit drouth, perfytlie cuiris Nephritick dolouris baith of Neiris and Bledder, corroborattis the ſtomak, takis away obſtructioũ of the Melt, perfytlie cuiris diſtillatioun frõ the harnis, hes cuirit ſindrie Hydropicall perſounis, ſpecially that kynd callit Anaſarca and Aſchitis. It is gude alſo be experience for reſolutionn of the body, or ony pairt thairof callit Paralyſis, profitabill alſo for ſterilitie contractit be ſuffocatioũ of the barne bed, or ony vther natural caus, writtin be Hip. lib. de ſterilib°. It is gude alſo for palpitari oun & trymbling of the body being drunkin, in few dayis it cuiris all ſort of cauld guttis be purgatioũ of ſic humouris as ar the caus thairof. It

of. It bringis to gude cullour all Cathetik perſounis quhilkis being of euil habitude & cõſtitutioun of body. Being alſo laxatiue and prouokis womitine, ſa it oppinnis the obſtructiounis & oppillatioũis of the Liuer, quhairby mony hes bene cuirit of the Guſoch, alſo it hes cuirit mony of ye feuer Terce, & laſt it perfytlie cuiris (being drunkin) the exteriour ſcabbis, wyldefyre, darteris, & vther filthines of the ſkyn. Sa it is maiſt profitabil for ſic as be of het intemperance of the Liuer, & conſtitutioũ of them quha be burdinnit be greit and heuie cõſtitutioun of body, maiſt propeus to Hydropeſie, Apopleſie, or Paraliſie. Sa albeit I haue red the qualiteis of the maiſt anciẽt Bathis and ſpringis of Medicinall watteris: I find this ſpring of the woman hill beſyde Abirdene to be not far different from the nature of the Bath of Cornelius callit ſa in Aquiſgran ane notabil toun in Gallia Belgica, and repugnant to the nature of the Portitanis Bath, quhilkis dois rather gender Grauel & ſtaine in Neiris & Bledder, nor to procure the help or diſſolutioun of the ſamin. Ane greit fault I find in the vſe of this watter, that Ilk perſoun drinkis thairof at thair awin pleſure, nether hauing reſpect to the preſent diſeis, naturall cõſtitutioun of body, nor tyme of the zeir, quhairby the ſaid watter be the abuſaris thairof is rather vilipendit nor cõmendit. Quhairfoir I wald fic as wald haue profeit of the ſamin prepairit thair bodyis conforme to thair nature, ſtrenth, aige, diſeis, & reſt of circũſtances requyrit thairto,

fic as the time of the zeir, quantitie of the watter and time of the vſe heirof, for it is not aggreabill to all perſounis at all times, not to be takin at pleſure of euery one in quantitie, as nane vther minerall watter. Zit this watter is of greiteſt vertew in the Monethis of Iunij, Iulij, Auguſt. Efter the xx. day of Septēber it tynes the Medicinal ſtrēth quhill the nixt zeir thairefter. Quhairfoir the cōmodious time ſuld be obſeruit, aſweill of the day, as of the Moneth, and to be drunkin at morning, faſtand thairefter thre houris, as efter ane Medicinall potioun. The negligent vſe heirof hes fruſtrat mony of thair cure, quha ſone efter the drinking of this Medicinall watter, hes takin outher meit or drink, quhairby thay ſtoppit the operatioun of the watter drunkin of befoir. I will not mak reheirſall of the mony particular perſounis quha hes obtenit thair helth, being vexit with diueris diſeſis be the vſe of this watter, be reſſoun it war to lang. I traiſt albeit I ſpeik na farther at this tyme, nor that quhilk hes bene obſetuit be experience, the zeirly vſe thairof ſall giue occaſioun to leirnit Phiſicianis to Intreit the gude ſucces thairof mair largely in tymes cumming.

FINIS.

Collated ok

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